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Topic:
DEFEATING
LONELINESS
- Pastor Alton Trimble

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WEDNESDAY, NOVEMBER 11, 2020

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WWW.GLORYCHRISTIAN.ORG
PHONE: (310) 538-9185
TEXT: (310) 589-4046
EMAIL: FELLOWSHIP@GLORYCHRISTIAN.ORG
225D WEST TORRANCE BLVD.,
CARSON, CA 90745

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Thanksgiving Food Blessing

Help us bless families in need by donating **\$25** or more towards our **Annual Thanksgiving Food Blessing** **Saturday, November 21st (9am - 11am)**



**Donation Deadline
November 15th**

Thanksgiving Food Blessing

**SIGN UP
TO RECEIVE A
COMPLETE
THANKSGIVING
BASKET**

Email: fellowship@glorychristian.org
Subject: Thanksgiving Food Blessing
OR Text "**FOOD**" to **(310) 589-4046**

All Baskets will be distributed on
Saturday, November 21st (9am-11am)



MARRIAGE CONNECTION

Open to all couples, including newlyweds.

Join us for Friday Night Date Night!



November 13th @ 7pm
Via Zoom

Last meeting of
the year!

Text "Marriage" to (310) 589-4046 for the meeting link.

YOU'RE INVITED!

ONLINE WORSHIP SERVICE

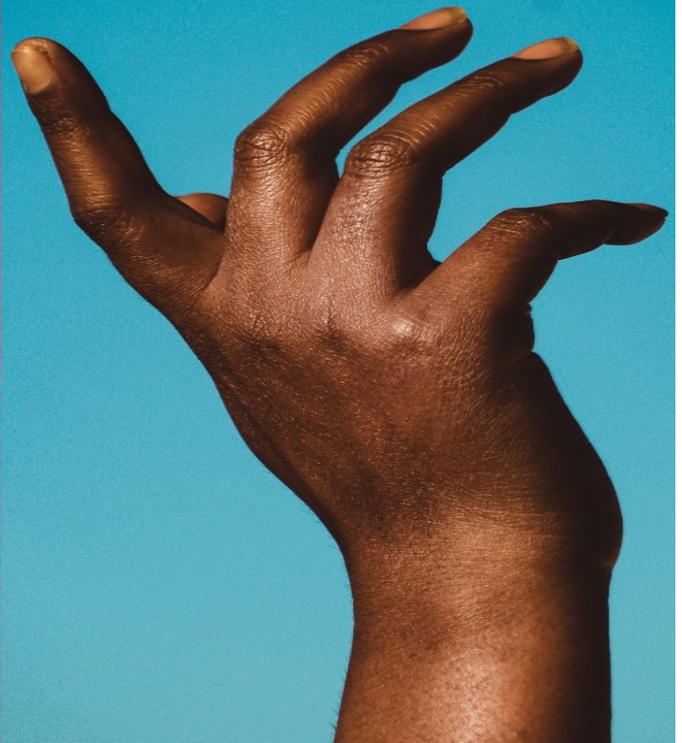
Sunday, November 15th @
9:30am



Search:

Glory Christian Fellowship International

<https://www.glorychristian.org/livestream>



Giving is an act of WORSHIP!

Website:

www.glorychristian.org

**Click
on the
GIVE button!**

Zelle Quickpay!

**Use our email:
fellowship
@
glorychristian.org**

Mail:

**Glory Christian
Fellowship
International
225D West Torrance Blvd.
Carson, CA 90745
Write check to: GCFI**

**GCFI App
Click on
"GIVE"**

**Text "GIVE" to
(310) 589-4046
Click on the
link you will
receive!**

November is the month of Thanksgiving!
Be mindful of over indulgence and eat whole foods
with no artificial additives. Continue to eat foods that
promote good health and well-being.



DEPRESSION SUPPORT GROUP

Every Wednesday | 6pm

Providing emotional support
and tools for those
experiencing depression.

You're not alone!!

Connect via Zoom
Video Conference
Text "Group" to
(310) 589-4046 for the link!

Grief Support Group

Providing emotional support and tools for
grief including loss of job, loss of relationships,
loss of a loved one and various other losses.
You are not alone!



**Every Thursday
6pm**

Connect via Zoom Video Conference
Text "Group" to (310) 589-4046 for the link!



I can do everything through Christ, who gives me strength.
~ Philippians 4:13 (NLT)

GCFI'S SPIRITUAL SUPPORT GROUP (VIRTUAL) MONDAYS 6:30PM

SUPPORT BUILT ON THE WORD OF GOD!

Text 'SUPPORT' to (310) 589-4046 for the meeting link!

Preschool
(3 yrs - K)



GLORY
CHRISTIAN FELLOWSHIP
INTERNATIONAL

Children's Ministry
is Online!

Connect with us
on Zoom!



Elementary
(1st - 5th)

Preschool - Elementary Class
(3yrs - 3rd Grade)
Sunday - 1:00pm
Tuesday - 6:30pm

Elementary Class
(4th - 5th Grade)
Sunday - 2:00pm
Wednesday - 6:30pm

www.gcfikids.org

MORE THAN CONQUERORS

RECOVERY FROM ADDICTION MINISTRY
12-STEP STUDY PROGRAM
GAL 5:1 (NKJV)

CONNECT WITH US VIA ZOOM!
TEXT "MTC" TO (310) 589-4046
FOR THE MEETING LINK.



GLORY
CHRISTIAN FELLOWSHIP
INTERNATIONAL

MONDAYS 6PM

Wednesdays @ 7:30pm

Middle
School



High School

Text "GCFIY" to (310) 589-4046 for the meeting link

Young Adult Ministry
is Online!

Wednesdays
@ 6:00 pm



Text "GCFIYAM" to (310) 589-4046 for the meeting link

GLORY
CHRISTIAN FELLOWSHIP
INTERNATIONAL

Corporate Prayer via Zoom

Connect with us weekly via Zoom
for intercessory prayer on the following days:

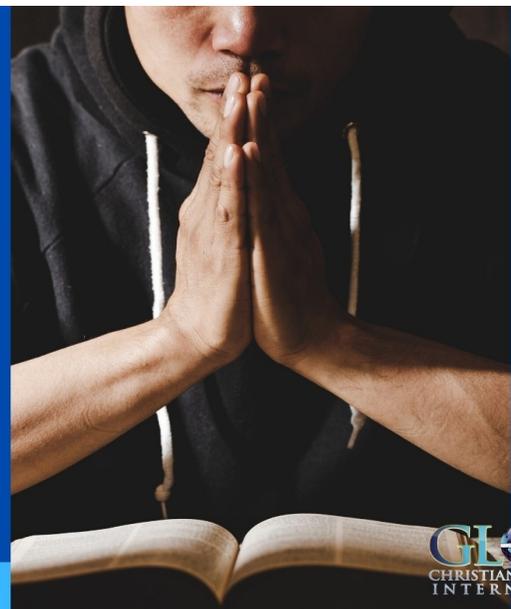
Monday | 7:00pm

Tuesday | 12:00pm & 7:00pm

Thursday | 7:00pm

Friday | 7:00pm

Text the word "prayer" to 310-589-4046
for the Zoom link!



GLORY
CHRISTIAN FELLOWSHIP
INTERNATIONAL

Call in # (669) 900-9128 | Meeting ID: 884 7344 2183

Bible Declaration

This is my Bible

It is the word of my God

I am what it says I am

I can do what it says that I can do

**I will have everything that the Word of God says that I can
have**

Tonight I will hear the Word

It will transform my heart

It will renew my mind

It's being done by the ever-living,

Always loving, incorruptible

Indestructible, infallible

And inerrant Word of my God

So Word of God, live big in my today

And every day

In Jesus Name

Amen!



TOPIC: DEFEATING LONELINESS – PASTOR ALTON TRIMBLE
Bible Study & Life Groups: Wednesday, November 11, 2020

Genesis 2:18 (NCV) *“It’s not good for man to be alone.”*

Four primary causes of loneliness:

a. Changes we encounter in life.

Romans 12:2 (NLT)

Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.

- Resist: Verse 2a
- Renew: Verse 2b
- Require: Verse 2c
- Receive: Verse 2d

Isaiah 43:18-19 (NLT)

“But forget all that— it is nothing compared to what I am going to do. ¹⁹ For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.”

b. Disconnection from the people we love and the God who “so loved” us can cause loneliness.

Isaiah 53:6 (NLT)

All of us, like sheep, have strayed away. We have left God’s paths to follow our own. Yet the LORD laid on him the sins of us all.

c. Defensiveness resulting from wearing the jacket of terminal uniqueness will squeeze you into the corner of isolation.

Proverbs 18:1 (NLT) *Unfriendly people care only about themselves; they lash out at common sense.*

Ecclesiastes 4:9-10,12 (NLT)

Two people are better off than one, for they can help each other succeed. ¹⁰ If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

d. Exclusion targeting can be the trigger for loneliness.

Psalms 34:17-20 (NLT)

The LORD hears his people when they call to him for help. He rescues them from all their troubles. ¹⁸ The LORD is close to the brokenhearted; he rescues those whose spirits are crushed. ¹⁹ The righteous person faces many troubles, but the LORD comes to the rescue each time. ²⁰ For the LORD protects the bones of the righteous; not one of them is broken!

John 15:18 (NLT)

If the world hates you, remember that it hated me first.

1 Peter 2:4 (NLT)

You are coming to Christ, who is the living cornerstone of God's temple. He was rejected by people, but he was chosen by God for great honor.

Psalms 27:10 (NLT)

Even if my father and mother abandon me, the LORD will hold me close.

DISCUSSION QUESTIONS

1. How are you doing during this time?
 - Share with your group any challenge/difficulty you are experiencing (work, home, school, etc.)
2. Of the four R's (resist, renew, require, receive) discussed in connection with **Romans 12:2**, which do you need to work on the most?
 - Share with your group. Be self-revealing.
3. During this time, how do you guard against being disconnected from people and God?
 - Share tips with your group and help each other develop a daily plan to stay connected.
 - Is there someone you know who you haven't connected with in a while? If so, make a list and plan to reach out as soon as possible.
4. "Terminal uniqueness" can prevent us from reaching out in times of need. Please discuss with your group ways in which you can identify related actions and how to guard against it.

Prayer Points
November 11, 2020

We will greatly rejoice in You Lord, our souls shall be joyful in You God; For You have clothed us with the garments of salvation, You have covered us with the robe of righteousness, As a bridegroom decks *himself* with ornaments, And as a bride adorns *herself* with her jewels. (Isaiah 61:10)

Pastor Trimble and Sister Trimble

- Because they have set their love upon You, therefore You will deliver them; You will set them on high, because they have known Your name. ¹⁵ They shall call upon You, and You will answer them; You *will be* with them in trouble; You will deliver them and honor them.¹⁶ With long life You will satisfy them and show them Your salvation. (Psalm 92:14-16)
- For You, O Lord, have blessed them; with favor You have surrounded them as with a shield (Psalms 5:12)
- Thank you that you have supplied all their needs according to Your riches in glory by Christ Jesus (Philippians 4:19)
- Thank you that You are working all things together for their good to because they love you, for they are called according to Your purpose (Romans 8:28)
- Father thank You for perfecting that which concerns them; Your mercy, O LORD, endures forever; You will not forsake the works of Your hands (Ps. 138:8)
- Thank you that you “Uphold their steps in Your paths, *that* their footsteps may not slip”. (Psalm 17:5)

GCFI Partners/Body of Christ

- Thank you for healing those physically sick and those who are suffering from mental illness
- Thank you for strengthening those partners who are recovering from surgeries
- Thank you for comforting those who are mourning - You said Blessed are those who mourn, for they shall be comforted.” (Matt. 5:4)
- Thank you for helping us to believe on the name of your Son - And this is Your commandment: We must believe in the name of Your Son, Jesus Christ, and love one another, just as You commanded us. (1 John 3:23 – NLT)
- Help us to “Watch, stand fast in the faith, be brave, be strong.” – (1 Corinthians 16:13)
- Father, thank you that You make us complete in every good work to do Your will, working in us what is well pleasing in Your sight, through Jesus Christ, to whom *be* glory forever and ever. (Heb. 13:21)
- Help us to “Let our light so shine before men, that they may see our good works and glorify you Father in heaven.” (Matthew 5:16)
- Thank you that “We are being strengthened with all power according to Your glorious might, so that we might patiently endure everything with joy” (Colossians 1:11)
- Thank you for helping us to “Set our minds *and* keep focused *habitually* on the things above [the heavenly things], not on things that are on the earth [which have only temporal value]. “(Col. 3:2 – Amp.)

You are our God, and we will thank you; you are our God, and we will praise your greatness (Psalm 118:28 – NCV)